

First Aid in Schools Program (Prep–Year 2)



Teachers Notes

St John Ambulance

Burns

Focus:

- *Preventing and treating burns.*

Worksheet information:

- Review some of the things that can cause burns. Include hot baths, foods, appliances, drinks, liquids and steam. Discuss how the best way to avoid getting burnt is to stay safe. Students can suggest ways to stay safe from burns.
- Explain the worksheet to the students. Students identify the things that can cause burns in the picture (the sun, barbecue, kettle, hot drink, iron and food from the microwave). They then draw or write ways to prevent sunburn and burns from a hot drink. To conclude, students draw a picture for each of the burn treatments.

Additional activities:

- Role-play treating different kinds of burns.
- Make a collage of things that could burn.

If a Nose Bleeds

Focus:

- *Treating nosebleed.*

Worksheet information:

- Discuss how and when nosebleed can occur. Review the information in the *New Century First Aid* book about treating nosebleed. Discuss how if the bleeding doesn't stop, the injured person should visit a doctor. Also discuss washing hands if someone else's blood is on them.
- Students colour and cut the pages as indicated. They then use the numbers at the bottom, or the words, as a guide to ordering the pages. Once they are in order, the students can staple them together as a mini-book.
- Younger students can read the book using the pictures as cues. Older students or more capable readers can read the text on each page. Encourage the students to read their books to friends and family members.

Additional activity:

- Allow each student to role-play being a first aider and treating another student's pretend nosebleed.

First Aid Quiz

Focus:

- *Reviewing basic first aid information.*

Worksheet information:

- Teachers of non-readers could read the questions and let students colour the right answers. Otherwise, students can complete the quiz on their own.
- Teachers may wish to check students' answers in order to assess the students' knowledge of first aid for future planning.

Additional activities:

- Students can create their own first aid quizzes to ask other students.
- Prepare a short assembly item to show the school some of the first aid skills the students have learned.